Participant Waiver, Release, Indemnification of All Claims & Covenant Not to Sue

NOTICE: THIS IS A LEGALLY BINDING AGREEMENT. Read this document carefully and in entirety. By signing this agreement, you give up your right to bring a court action to recover compensation or obtain any other remedy for any personal injury or property damage however caused arising out of your participation in Golden Goal Programs, now or at any time in the future.

Acknowledgment of Risk

I hereby acknowledge and agree that participation in Golden Goal activities comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with Golden Goal participation, including but in no way limited to: (1) slips, trips, and falls, (2) aquatic injuries, (3) athletic injuries, and (4) illness, including exposure to and infection with viruses or bacteria. I further acknowledge that the preceding list is not inclusive of all possible risks associated with Golden Goal participation and that said list in no way limits the operation of this Agreement.

Coronavirus / COVID-19 Warning & Disclaimer

Coronavirus, COVID-19 is a **highly contagious** virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. **COVID-19 can lead to severe illness, personal injury, permanent disability, and death.** Participating in Golden Goal programs or accessing [insert organization] facilities could increase the risk of contracting COVID-19. Golden Goal in no way warrants that COVID-19 infection will not occur through participation in Golden Goal programs of accessing Golden Goal facilities.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of my participation in Golden Goal Residential Training, I, ______, the undersigned participant, agree to release and on behalf of myself, my heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE Golden Goal, its officers, directors, employees, volunteers, agents, representatives and insurers ("Releasees") from any causes of action, claims, or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I, my heirs, representatives, executors, administrators and assigns may have, now or in the future, against Golden Goal on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to the use of Golden Goal facilities/equipment or participation in Golden Goal programs whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releases.

IF PARTICIPANT IS A MINOR, PLEASE HAVE PARENT OR GUARDIAN FILL OUT AND SIGN BELOW

Initial

In consideration of the named minor's participation at Golden Goal, I, the undersigned parent/guardian of the named minor, agree to INDEMNIFY AND HOLD HARMLESS Releases from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way related to the named minor's Golden Goal participation.

I hereby certify on behalf of myself and the named minor that I have full knowledge of the nature and extent of the risks inherent in Golden Goal's participation and that I, on behalf of myself and the named minor, am voluntarily assuming said risks. I understand that I and the named minor will be solely responsible for any loss or damage, including personal injury, property damage, or death, the named minor sustains while participating inGolden Goal and that by signing this agreement I, on behalf of myself and the named minor, HEREBY RELEASE Releases of all liability for such loss, damage, or death. I further certify that the named minor is in good health and has no conditions or impairments which would preclude his/her safe participation in Golden Goal.

I further certify that my date of birth is ______ (MM/DD/YYYY), that my present age is _____, that I am therefore of lawful age (18 years or older) and otherwise legally competent to sign this agreement, and that I have legal capacity to act as the parent/guardian of the named minor. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will.

Participant Name (Print Clearly)

Date

Parent/Guardian Signature

Parent/Guardian Name (Print Clearly)

IF PARTICIPANT IS 18 OR OLDER, PLEASE SIGN AND FILL OUT BELOW

In consideration of my participation in Golden Goal, I, the undersigned participant, agree to INDEMNIFY AND HOLD HARMLESS Releases from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way related to my Residential Training participation.

I hereby certify that I have full knowledge of the nature and extent of the risks inherent in Residential Training participation and that I am voluntarily assuming said risks. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, or death, I sustain while participating in Residential Training and that by signing this agreement I HEREBY RELEASE Golden Goal from all liability for such loss, damage, or death. I further certify that I am in good health and that I have no conditions or impairments which would preclude my safe participation in Residential Training.

I further certify that participants date of birth is ______(MM/DD/YYYY), that my present age is _____, and that I am therefore of lawful age and otherwise legally competent to sign this agreement. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will.

IN WITNESS WHEREOF, this instrument is duly executed this _____ day of _____, in the year

Participant Signature or legal guardian if under 18

Participant Name (Print Clearly)